

A MOVEMENT MEDICINE ECSTATIC DANCE WORKSHOP

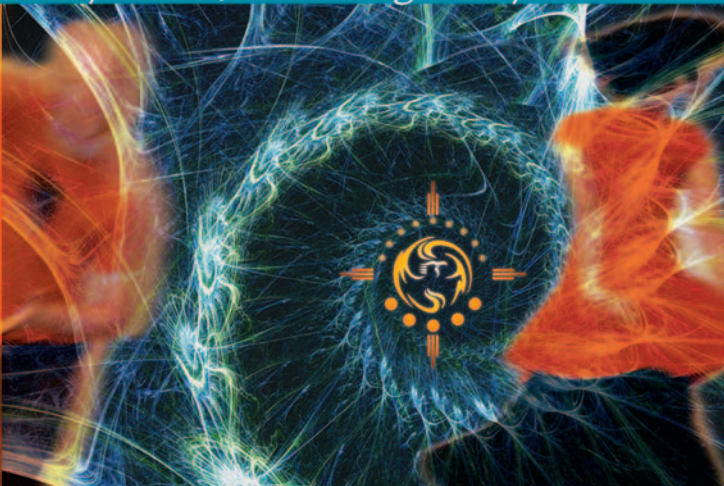
Fusion

being who you are, becoming who you can be

with
Ya'Acov Darling Khan

Hamburg
3 - 5 June 2011

Plus a Move!
open evening on
Thursday 2 June



Contact Jens:
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SCHOOL OF MOVEMENT MEDICINE
www.schoolofmovementmedicine.com
DARE TO DANCE · DARE TO DREAM

Move! is a simple and invigorating introduction to Movement Medicine.

In **Fusion**, we will dance with the dynamic relationship between yin and yang. Through intensive Movement Medicine practice, we will deepen our capacity to listen, to receive and to hold, as well as increasing our capability to express, communicate and take decisive action. Exploring Yin energy gives us roots and provides the ground of acceptance. Yang energy moves us forward and encourages us to evolve and reach for our highest possibility. These energies are the building blocks of creation and the clearer each becomes in our dance, the more potent the charge between them will be. The coming together of these two forces and the process that this catalyses is the dance of Fusion.

Through harnessing this power, and invoking the spirit of the dance, ideas, emotions and beliefs that no longer serve us fall away like old skins. Most importantly, Fusion makes more space for the original blueprint of the soul to

be revealed. It liberates the energy to experience the deep relaxation of being yourself and simultaneously feel the passion to become all that you can be.

When you are this connected to the life energy that is moving through you, you experience the power and subtlety of your relationship to the wider web of life and the divine and become empowered to recreate your life in harmony with your highest purpose.



Ya'Acov has been studying and practicing shamanism all his life with many gifted teachers and he brings a wealth of experience and knowledge to his work. His workshops are deeply practical and down-to-earth as well as catalytic, transformative, uplifting and inspiring.

"The medicine works! The result is turning out unbelievably different from anything I experienced in my life up to now. I loved the harnessing of the conscious mind."

Kat Forrester, Events Organiser

Ganztagsschule Osterbrook, Osterbrook 17 - 19, 20537 Hamburg

Move! 2 June: Thursday 19:30 - 22:00

Fusion, 3 - 5 June: Friday 18:00 - 22:30 • Saturday 11:00 - 19:00 • Sunday 10:00 - 17:00

Cost: Move! only: €25

Fusion (including Move!): €240, or €220 if booked and deposit paid before 17th April 2011

Contact and booking: Jens Liedtke +49 40 729 100 61 • mm@spirit-in-movement.de